

Unbalanced hormones can make you feel like a stranger in your own skin.

Hormones have a powerful effect on your body and many areas of your health, including your mood, your metabolism, and your sexual and reproductive function.

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Your health in the balance.



Hormone Imbalance

A hormonal imbalance can affect more than your mood – it can be responsible for a number of related health concerns, including:

- Hot flashes
- Night sweats
- PMS
- Weight gain
- Post-partum depression
- Irregular menstrual cycle
- Infertility
- Fibrocystic breasts
- Decreased libido
- Painful intercourse
- Vaginal dryness

These conditions affect millions of women. As the number of women seeking hormone-related treatment has grown, so has the mass production of pills, patches and creams by the drug industry. Each woman's body is different and has its own unique needs, but commercially manufactured products tend to be "one size fits all," and they do not always account for the differences between individuals.

The Compounding Advantage

Pharmacy compounding is the preparation of customized medications for patients. The advantage of compounded hormone replacement therapy (HRT) is that it can be adapted specifically to fit each individual's body and hormone levels. Bio-identical hormones have the exact chemical structure as the hormones in the human body. The body recognizes them and allows them to mimic the function of the hormones the body produces on its own.

No two women are alike, and compounding pharmacists understand this.

Experienced pharmacy staff can assist health care providers in finding alternative solutions for hormone imbalances. The ultimate goal is to give the patient the exact amount of hormones her body needs.

Working closely with the patient and her health care provider, a compounding pharmacist can help her start and maintain a hormone replacement regimen that brings her hormones

back into balance and closely mimics what her body has been doing naturally for years. With a health care provider's prescription, the pharmacist can prepare hormones in a variety of strengths and dosage forms.

Thanks to compounding, there are customized hormone prescriptions to meet your specific needs. And that's the power of personalized medicine.

Hormone replacement therapy is a team effort.

Start getting your balance back.

A caring health care provider working closely with a compounding pharmacist can help improve hormonal imbalances.

Ask your health care provider or pharmacist about compounded medications today.

