

Improving Adherence:

Patients like and want medication synchronization (when they know about it)

// PROBLEM=MEDICATION NON-ADHERENCE //



Non-Adherence: (noun) :
Not taking medications
as prescribed

\$290 billion
COST IN AMERICA*



2014 National Report
Card on Adherence=B-**

Non-adherent Behaviors**

- 1 in 2 missed a dose
- 1 in 3 forgot if they took the med
- 1 in 4 did not get refill on time
- 1 in 4 didn't start a new Rx at all

// COMMUNITY PHARMACISTS OFFER A SOLUTION //

Medication Synchronization (Med Sync): All Of A Patient's Medications Refilled At Once



Benefits to patient

- Never run out of medication
- Single trip to the pharmacy
each month
- Improved adherence
- Help managing prescriptions



74 % say med
sync is helpful
in improving
their overall
adherence***

83% of those in a med
sync program find it helpful in
managing their prescriptions.**

yet...

3 in 4 who have trouble managing Rx's
are NOT enrolled in a program**

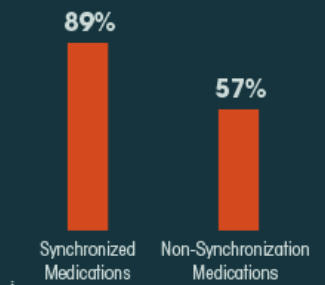
and...

40% are unaware of
med sync programs**

but..

After an explanation,
FIFTY PERCENT
are interested in med sync**

PATIENTS IN A MED SYNC PROGRAM ARE 32% MORE ADHERENT***



% of the patients Rx's that are adhered to



References:
* "Healthy Outside The Pillbox. A System-wide Approach to Improving Patient Adherence to Chronic
Medication." NCPA, 2009.
** Based on a 2014 survey of 1,000 Americans 40 years and older on chronic medications. The
National Community Pharmacists Association, "National Adherence Survey: The Promise and
Potential of Medication Synchronization." For full report, visit nca.org/medsync.
*** "Assessing the Impact of a Community Pharmacy-Based Medication Synchronization Program on
Adherence Rates." NCPA, 2014.

